



Zach's House on Ellery

Our Criteria and Considerations

1. Commitment to Sobriety:

- Potential residents should demonstrate a genuine commitment to maintaining sobriety.
 - history of consistent attendance at recovery meetings
 - clear plan for maintaining sobriety
 - working with a sponsor
 - a recommendation from a treatment provider

2. Screening for Compatibility:

- New residents should be a good fit with the existing residents.
 - consistent recovery goals
 - daily routines
 - comfortable sharing a bedroom and bathrooms
 - willingness to contribute to maintaining a cooperative living environment
 - discuss housing history and ask about living in previous sober living homes and experience

3. Financial Responsibility:

- Renters should have the financial means to meet their rental obligations.
 - steady source of income or financial support to pay rent on time
 - ability to purchase food, any prescriptions and other necessary items

4. Willingness to Follow House Rules:

- Residents must agree to abide by the house rules.
 - zero-tolerance policy for drug and alcohol use
 - participation in house meetings
 - adherence to curfews

5. Participation in House Activities:

- Active participation in house activities
 - completing chores
 - maintaining bedroom/making bed
 - picking up after self

8. Support System

- Maintaining a strong support system including family, friends, or sponsors, can be beneficial for the renter's recovery journey.